

Budget for 2010

<u>BENEVOLENCE GIFTS</u>	Spent 2009	2010
½ of Circle & Unit Offerings	\$165.73	50%
Thankofferings	\$354.00	100%
World Missions	\$100.00	\$100.00
World Hunger	\$171.50	100%
American Bible Society	\$50.00	\$50.00
Project Comfort (Noisy Can)	\$99.00	100%
Total	\$940.23	\$150.00+
<u>WITHIN STATE BENEVOLENCE</u>		
District Seminary Student	\$100.00	\$100.00
Campus Ministry	\$100.00	\$100.00
Heartland Ephaphata	\$100.00	\$100.00
Ne-So-Dak Bible Camp	\$100.00	\$100.00
Prison Congregations	\$50.00	\$50.00
Luther Social Services	\$100.00	\$100.00
LO "All Are Welcome Campaign"	\$100.00	\$100.00
Total	\$650.00	\$650.00
<u>LOCAL BENEVOLENCE</u>		
Youth Campers	\$300.00	\$300.00
Total	\$300.00	\$300.00
<u>OPERATING EXPENSES</u>		
Convention Offering	\$200.00	\$300.00
Convention Registration	\$0.00	\$50.00
Lutheran Women Today	\$0.00	\$15.00
Office expense-Postage & Paper	\$60.00	\$60.00
World Day of Prayer	\$0.00	\$50.00
LWR freight	\$24.12	\$50.00
Resource material for Unit	\$10.89	\$100.00
Church upkeep	\$150.00	\$150.00
Mileage – Off wksp & Sp Conv	\$0.00	\$200.00
LO Quilt	\$0.00	\$150.00
Misc.	\$97.87	\$100.00
Gifts	\$309.58	\$90.00
Speakers	\$261.26	\$50.00
Total	\$1,113.72	\$1,365.00
TOTAL BUDGET	\$ 3,003.95	\$2,465.00+

**EMMANUEL LUTHERAN CHURCH
WOMEN**

2010

PURPOSE

As a Community of women
created in the image of God,
called to discipleship in Jesus Christ,
empowered by the Holy Spirit;

We commit ourselves to
grow in faith,
affirm our gifts,
support one another in our callings,
engage in ministry and action, and
promote healing and wholeness
in church, the society,
and the world.

1006 N 2nd St, PO Box 137
Groton, SD 57445

Phone 397-2354

EXECUTIVE BOARD

President	Darlene Finnesand
Vice President	Merry Jo Ball
Secretary	Ilse Cameron
Treasurer	Carol Osterman
Mission Growth & Community	June Ackman
Mission Action	Dawn Jones & Shirley Larson
World Day of Prayer	Ella Johnson
Book, Card & Committee	Mel Eikamp & Linda Locken

NOMINATING COMMITTEE

Merry Jo Ball, Chair	Dawn Jones
Shirley Larson	Melinda Eikamp

CIRCLE PRESIDENT

India	Eunice Alberts
Nigeria	Carol Osterman
Sarah	Linda Locken & Mel Eikamp

ALTAR GUILD

Laverna Houdek, Advisor	Carol Osterman
June Ackman, Co-Advisor	Pam Rix
Jan Dedrickson	Rose Waage
Melinda Eikamp	Holly Johnson
Nancy Larsen	Cassie Ackman
Shirley Larson	Penny Stolle
Linda Locken	Deb Olson
Renee Swisher	Diane Johnson
Angie Osterman	Wendy Monson

CIRCLES: 1st Wednesday & Thursday
 WELCA UNIT: 3rd Thursday (unless otherwise noted)
 QUILTING: 2nd & 4th Thursday

STYLE:

Any style or combination of styles
 Pieced patchwork (any pattern)
 Juvenile prints or panels
 Washable stenciling
 Appliqué or embroidery

COLOR:

Children love bright, happy colors & patterns

FINISHING:

Hand or machine quilted or tie minimum of 4"

PLEASE DOUBLE CHECK for pins & needles in finished quilts. Do not add attachments such as buttons. Do not wash fabrics or quilts with harsh detergents.

The tag below is place on each quilt that is given ↓

**This Quilt / Blanket was made & given by
 EMMANUEL LUTHERAN CHURCH WOMEN
 PO Box 137
 Groton, SD 57445**

(NAME OF PERSON WHO MADE THE QUILT (optional))

2009 Fundraising Events

Rummage Sale	\$572.75
Sunday Morning Coffee	329.77
Thrivent Supplemental Funds	500.00
Serving Funerals	<u>1,200.00</u>
TOTAL	\$2,602.52

LINENS

New or good clean used sheets, towels and other linens are also need by hospitals and clinics.

Send all bandages and linens to:
Global Health Ministries,
7831 Hickory St. NE,
Minneapolis, MN 55432.

SAFE HARBOR (formerly Resource Center)

317 S Kline Street, Aberdeen, SD 57401
Phone 605-226-1212 or 1-888-290-2935

Sheets, towels, washcloths, paper products, feminine products,
Canned goods, small appliances, disposable diapers.
LOVE KITS: include personal size items like shampoo, deodorant,
tissues, toothbrush, toothpaste & comb.

CHILDREN'S QUILTS (LINUS PROJECT)

Project Linus is looking for volunteers to make security blankets to be given to seriously ill and traumatized children in the Sioux Empire area. Blankets can be knitted, crocheted, quilted, hand tied. Etc. They need to be washable (cotton, flannel, or acrylic preferred), new blankets in Child Friendly colors. They can be any size from neonatal to teenager.

Emmanuel Church Women also distribute blankets locally to CASA, Safe Harbor and others in need of a blanket.

Project Linus was named after the adorable security blanket toting character from Peanuts comic strip. Creator Charles Schulz was aware of this effort and was delighted to have Linus inspire blanket makers to help comfort children in need.

SIZE: Any size:

Crib babies – approximately 36" x 45"

Toddler – approximately 40" x 48"

Children to age 18 – single bed size (60" x 80")

MATERIALS:

Cotton or cotton/poly fabrics (best to pre-wash)

Polyester bats (best if bonded) or cotton-flannel

2010 **WELCA PROGRAMS**



And this is his commandment, that we should believe in the name of his Son Jesus Christ and love one another, just as he has commanded us."
1 John 3:23 NSRV

January	Quilting Day – to be announced Quilts for New Orleans Mission Trip
February	Bring gifts for Valentine boxes by Feb 7th Chair: Sarah Circle
Sun Feb 07	Installation of Unit & Circle Officers
Wed Feb 17	Ash Wednesday 6 pm Lenten Meal Hostess: WELCA Executive Board Free will offering to World Hunger
Thurs Feb 18	9:30 am-12:00 "Project Love" (Linus Project) Program: Nigeria Circle Hostess: India Circle
Wed Feb 24	6 pm Lenten Meal Host: Youth of Emmanuel
Wed Mar 03	6 pm Lenten Meal Host: Men of Emmanuel
Fri Mar 05	World Day of Prayer Chair: Ella Johnson Emmanuel Lutheran Church – 2 pm
Wed Mar 10	6 pm Lenten Meal Hostess: Nigeria Circle
Wed Mar 17	6 pm Lenten Meal Hostess: Sarah Circle

Fri Mar 20	Women of Emmanuel Retreat
Sat Mar 21	7-8:30 pm on 20th 9 am – 12 noon on 21 st with Luncheon
Wed Mar 24	6 pm Lenten Meal Hostess: India Circle
Sun Apr 04	Easter <i>“He is risen; He is not here; behold the place where they laid him.”</i> Mark 16:6 KJV
Sat Apr 10	Spring Gathering here at Emmanuel
Spring	Rummage Day Sale with homemade donuts
Thurs June 17	7:00 pm - Guest Night Program: India Circle Hostess: Sarah & Nigeria Circles
June 24-25	Synodical Convention Trinity Lutheran Church, Vermillion, SD
July	Pillow Cleaning
Thurs July 15	Circles meet together at church – 5:30 pm
Thurs Aug 12	1:30 pm - “Do Day” Hostess: India Circle Complete kits and projects for LWR Elect Unit Officers for next year
Thurs Sept 16	6 pm - Progressive Supper Hostess: Members of WELCA
Sun Sept 19	“Noisy Can” Sunday Offering for Project Comfort (see note at bottom of pg 5)
Wed Oct 06 Thurs Oct 07	Circles elect officers for next year

Pattern for Crocheted Baby Hat for Midwife Kits

Use baby yarn & Crochet hook # H or 6.

Ribbing (Begin on part that goes on baby’s forehead)

Chain 8 +1, turn. Single crochet in back st. of ch. 8, chain 1, turn. Repeat until you have 24 ridges. Sew together. (This completes the head band of hat.)

Round 1...s.c.in each st. ...48 st.

Round 2...ch. 3...Then d.c. in each s.c.

Round 3...ch. 3 for d.c. in each round...Then d.c. in each d.c. 48 st.

Round 4...d.c. in each d.c.

Round 5...d.c. in each d.c.

Round 6...2 d.c. (In this round, begin to decrease stitches.) d.c two together (decrease by omitting every third stitch.)

Round 7...d.c. in each d.c.

Round 8...2 d.c. d.c. 2 together around (decrease by omitting every third stitch.)

Round 9...d.c. in each d.c.

Round 10...d.c. in each d.c.

Round 11...2 d.c. together around (decrease by omitting every third stitch, as above.)

Round 12...d.c. all together. (Decrease by omitting every third stitch, as above.)

Thread yarn through sts and pull up tightly. Fasten off top of hat.

ROLLED BANDAGES

They are made from rolled strips of used bed sheets, white or colored any cotton or cotton blend material is suitable. Material should be washed before beginning. Rip the material into strips 2-4 inches wide; sew ends together and assemble strips into rolls about 1-2 inches in diameter. Secure with masking tape to keep the bandages from unrolling.

How should the strips be sewn together? If the strips are the length of a regular size sheet they are long enough for one bandage. If they are shorter they can be sewn together with a single flat seam.

OTHER STEWARDSHIP PROJECTS

ONE MIDWIFE KIT

(Please use new or good condition clean used items.)

- 1 36" square muslin material
- 1 24" x 38" towel
- 1 washcloth
- 2 lengths of selvage (8") for cord ties in small bag
- 1 bath size bar of Ivory soap
- 1 razor blade (single edge)—please place in a "snack" type bag as moisture can cause the blade to rust.
- 1 newborn stocking cap (Hint—the circumference of a newborn's head is about 14".)
Suggestion—purchase a 5-6" diameter Styrofoam ball at a craft store and use it as a guide for the hat size. If the hat fits the ball, it will fit the baby's head. (To make a cap: Cut a strip of knit fabric lengthwise about 8" wide, fold in half. Sew or surge. Cut the sewn strip into pieces about 8" long. Gather the top & fold the other end up.)
- 1 baby jacket or sack (no sleepers)
- 1 receiving blanket
- 1 pair Latex exam gloves

Pack items in a 2-gallon Zip-lock bag (squeeze air out of the bag before sealing).

Please note—Questions & Answers

The midwife kit handout specifies Ivory soap. Is there a reason other types of bar soap can not be used?

Answer—Ivory soap is "pure soap" and doesn't contain additives and perfumes that could be potentially harmful to a new baby's skin.

Is it true that all midwife kits are checked by GHM volunteers?

Answer—Yes, the warehouse volunteers check or spot check the kits for:

Size and quality of towel—towels that are too small or excessively worn are replaced. Size of hat—hats that are too small or too large are replaced.

New or very gently used regular bath towels are appropriate. (About 24" x 38")

Thurs Oct 21 5 pm – Program on DVD (Lori Westby)
Program: Sarah Circle
Hostess: Nigeria Circle

Thurs Nov 18 2 pm – Thankoffering Service
Program: Nigeria Circle
Hostess: India Circle

Thurs Nov 25 Happy Thanksgiving

December Joint Circles Meet

Dec 25 Merry Christmas

Dec. Prayer Partners: Eunice Alberts
Christmas Gifts for Golden Living Center: Marian R.

OTHER EVENTS

LWR Truck – Good Shepherd Lutheran, Aberdeen
Community Rummage Sale – Spring of 2010

PROJECT COMFORT FUND – Thousands of women, men and children throughout the world receive gifts of comfort from LWR Parish Groups in the form of quilts, kits, layettes and soap. LWR spends more that \$1.6 million annually to ship those gifts. The Project Comfort Fund helps get those items to people who need them most by assisting with the costs of sorting, storing and shipping them around the world.



INDIA CIRCLE

Meets 1st Thursday at 9:30 AM

<u>Month</u>	<u>Bible Study & Devotions</u>	<u>Hostess</u>
Jan 06		Rose
Feb 03	Eunice	Marian R.
Mar 03	Merry Jo	Lila
Apr 07	Lila	Marian R.
May 05	Dawn	
June 02		Dawn
July		
Aug 04	Merry Jo	Eunice
Sept 01	Irene	
Oct 06	Rose	Irene
Nov 03		Merry Jo
Dec 02	Joint Circles Together	

2010 OFFICERS

President	Eunice Alberts	397-8485
Vice President	Rose Waage	397-2623
Sec. / Treas.	Merry Jo Ball	395-6545
Mission Action	Dawn Jones	397-4545
Mission Community	Lila Olson	397-8264
Mission Growth	Lila Olson	397-8264
Sunshine	Marian Raines	397-2420

SCHOOL KITS:

A school kit may provide the only supplies for children returning to school after disruption of war. School kits help parents continue their children's education, even while living in a refugee camp, for example. A school kit may also be used in adult literacy classes.

- Padded or spiral notebooks of ruled paper approximately 8 1/2" x 11" totaling 150-200 sheets—if using 70-sheet notebooks, included 3. (No loose-leaf paper)
- 1 blunt scissors
- 1 pencil sharpener
- 1 30-cm metric ruler, or a ruler with centimeters on one side and inches on the other side.
- One 2 ½ inch eraser
- 6 new unsharpened #2 pencils with erasers, secured with rubber band
- 12 sheets construction paper, assorted colors
- 1 box crayons (16 or 24)
- 1 12 x 14 inch cloth bag with cloth handles or drawstring

All items should be new and in good condition. Remove excess packaging and pack items in the bag. Do not enclose the kit or any of its contents in plastic bags.

PROJECT COMFORT NOTE: LWR's approximate cost to handle and ship one school kit overseas: \$1.10

SOAP:

A brand new bar of soap signals dignity and cleanliness. LWR accepts new bars of any brand soap, in its original wrapping. All bars sizes are accepted; however, bath-size bars (4-5 oz.) are highly preferred.

CLOTHING:

Please note this change!

LWR will no longer be collecting clothing after Dec. 31, 2006

LAYETTES:

In refugee camps, hospitals, and villages around the world, gifts of layettes convey a warm welcome to newborns and their mothers.

Include the following items in each layette:

- 2 shirts or Onesies 2 gowns or sleepers
- 2 receiving blankets 4 cloth diapers, flat fold
- 1 sweater or sweatshirt 2 washcloths
- 2 diaper pins 1 bath size bar of soap
 in original wrapper

Do not add other items or leave out any of the items listed.

Gently used, clean items can be substituted for new ones. Wrap items in one of the receiving blankets and secure with diaper pins. Do not enclose the kit or any of its contents in plastic bags.

TIPS:

- Sizes up to 24 months may be used. Consider varying the sizes of clothing used so the layette will continue to be useful as the baby grows.
- Sweaters may be knitted or crocheted from leftover yarn, or made from heavy double knits. Preferred styles have buttons or ties down the front.
- A bolt of flannel can furnish a number of receiving blankets, diapers and gowns. A square cut the width of fabric (usually 36" or 45") easily makes a blanket. Diapers can be made by using a pinking shear to cut pieces 25" x 27". (Note this is a change from previous guidelines.)
- Use care when making blankets and diapers with flannel. It may be necessary to zigzag edges or sew a hem to prevent raveling.

***PROJECT COMFORT NOTE:** LWR's approximate cost to handle and ship one layette overseas: \$1.10*

Eunice	Alberts	397-8485
Linda	Anderson	397-8419
Merry Jo	Ball	395-6545
Irene	Belden	397-8132
Rosemary	Belden	294-5286
Martha	Farmen	397-8150
Raechel	Fliehs	397-8299
Laverna	Houdek	397-8398
Dawn	Jones	397-4545
Melodee	Lane	397-8193
Pat	Larson	397-8576
Lila	Olson	397-8264
Arletta	Peterson	397-8316
Lavonne	Raap	397-8538
Marian	Raines	397-2420
Ann	Sheridan	397-8332
Nancy	Sundstrom	397-8654
Deb	Tietz	397-8447
Rose	Waage	397-2623
Lorrie	Weber	397-8604
Fern	Westby	397-8180
Lori	Westby	397-2648

"He humbled himself and became obedient to the point of death—even death on a cross."

Philippians 2:8 NRSV

NIGERIA CIRCLE

Meets 1st Thursday at 2:00 PM

<u>Month</u>	<u>Bible Study</u>	<u>Devotions</u>	<u>Hostess</u>
Jan 07	Vera	Carol	Ella
Feb 04	Carol	Ella	Vera
Mar 04	Darlene	Vera	Penny
Apr 01	Ella	Aloise	Aloise
May 06	Ilse	Carol	Darlene
June 03	Shirley	Shirley	Shirley
July			
Aug 05	Vera	Ella	Carol
Sept 02	Darlene	Ella	Darlene
Oct 07	Shirley	Penny	Ilse
Nov 04	Penny	Darlene	Ella
Dec 02	Joint Circles Together		

2010 OFFICERS

President	Carol Osterman	397-8498
Vice President	everyone	
Sec. / Treas.	Ella Johnson	397-4494
Mission Community	Aloise Brolin	397-8640
Mission Action	Shirley Larson	397-8600
Mission Growth	Ilse Cameron	397-8325
Cheer	Darlene Finnesand	397-2649

- Use crochet or similar cord for tying. It is easier to thread and pull through than yarn and also is more durable. Ties should be no more than 8 to 10 inches apart.
- LWR quilts are both precious and practical when babies and children can use their special gifts even as they grow older. Please donate full-size quilts (about 60" X 80") only.

PROJECT COMFORT FUND NOTE: LWR's approximate cost to handle and ship one LWR quilt overseas is \$2

HEALTH KITS:

People who must flee their homes quickly often do not have time to pack essentials items. Health kits can help refugees maintain personal hygiene while living in exile. Items may also contribute to a new start for those who can return home.

- 1 hand towel, dark colors recommended
- 1 washcloth, dark colors recommended
- 1 bath-size bar of soap, any brand, in its original wrapping
- 1 adult-size toothbrush in its original packaging
- 1 comb, wide tooth preferred, remove packaging
- 1 metal nail file or nail clippers with file attached, remove packaging (no emery boards)
- 6 Band-Aids preferably 1/2" to 3/4"; secured with a rubber band

NOTE: DO NOT include toothpaste. Toothpaste will be added at the LWR warehouse prior to overseas shipping.

All items should be new and in good condition. Wrap smaller items in the washcloth; wrap washcloth & remaining items in the towel and tie securely with ribbons or yarn. Do not enclose the kit or any of its contents in plastic bags.

PROJECT COMFORT NOTE: LWR's approximate cost to handle and ship one health kit overseas: \$2.00

QUILTS:

An LWR quilt is special! It brings warmth on a cold night, shelter from the sun on a hot day. It becomes a bed, a room divider, a backpack to carry belongings, and at times even a home.

Quilts distributed by LWR to refugees and other people in need were first made by recycling old but good clothes, blankets, and other items. Most LWR quilts are still made this way, although fabric samples, remnants, or other new pieces of fabric are also used. Each quilt is one of a kind, with a beauty all its own, made as a gift of hope by caring people.

Your group can also help LWR get quilts to the people who need them by donating a brick on the Good Samaritan Quilt Plaza or by making a contribution to the Project Comfort Fund.

How to make an LWR quilt

LWR quilts are easy to make. Place a piece of fabric measuring 64" X 84" right side down on the table. **Do not use fabric prints with religious symbols, U.S. flags or military insignia.** Place a filler measuring 60" X 80" on top, and then place another piece of fabric, also measuring 60" X 80", right side up on top of the filler. Tie the layers together, using crochet or similar cord. Bring the edges of the 64" X 84" piece over the top, pin and machine-stitch the edge, using a zigzag stitch if possible.

Finished quilts should measure approximately 60" X 80". **Please keep in mind that the ultimate purpose of a quilt is to provide warmth and choose your fabrics and filler accordingly.** Even in warmer climates, the temperatures can drop dramatically at night, requiring a quilt with sufficient filler.

TIPS

- Quilt tops and bottoms can be made from whole pieces of fabric, or in any type of patchwork pattern of smaller squares. If squares are preferred, twelve 21" squares or 48 eleven-inch squares sewn together using a 1/2" seam allowance make a 60" X 80" top for a beautiful quilt.
- Recommended fabrics for LWR quilts include pre-washed cotton, cotton blends, twill, corduroy, polyester knits, and donated upholstery and drapery samples (no fiberglass).

Marion	Anderson	397-4450
Faye	Berndt	397-2435
Aloise	Brolin	397-8640
Ilse	Cameron	397-8325
Angie	Carlson	397-2682
Darlene	Finnesand	397-2649
Mary	Finnesand	397-8303
Rosalie	Gerdes	397-8302
Gladys	Holler	397-8158
Ella	Johnson	397-4494
Darlene	Jones	397-8526
Shirley	Larson	397-8600
Charlene	Millim	397-8354
Marion	Mydland	397-2621
Vera	Osness	397-2699
Carol	Osterman	397-8498
Sandy	Osterman	395-6437
Julie	Shilhanek	397-8533
Penny	Stolle	397-4562
Patty	Tastad	397-2388
Marlys	Torguson	325-3338
Tanya	Torguson	325-3338
Sandy	Tullis	397-2663
Rachel	Zoellner	397-4598
Sharon	Zoellner	397-8276

"Enter his gates with thanksgiving, and his courts with praise. Give thanks to him, bless his name."

Psalm 100:4 NRSV

SARAH CIRCLE

Meets 1st Wednesday at 5:00 PM

<u>Month</u>	<u>Bible Study</u>
Jan 06	Jan
Feb 03	Jean
Mar 03	Kathy
Apr 07	Melinda
May 05	Carol
June 02	Holly
July	
Aug 04	Linda
Sept 01	
Oct 06	
Nov 02	Debra
Dec 01	Nancy

2010 OFFICERS

Co-Chairpersons:	Melinda	397-2392
	Linda	397-8546
Sec. / Treas.	Debra	397-8262
Mission Growth	Renee	294-5860
Mission Action	Kathy	397-2773

SEWING KITS:

Each year, Lutheran World Relief distributes thousands of sewing kits overseas. Many are used in vocational training programs to teach young men and women sewing skills that they can use to earn an income.

Include the following items in each sewing kit:

- 3 yards of 44" or 45" pre-washed cotton or a cotton blend fabric
- 4 yards if 36" (No knits or 100% polyester)
- 1 pkg. of 10-15 needles for hand sewing
- 1 spool of matching thread
- 1 card of 6 or more 1/2" to 5/8" matching buttons

Do not add other items or leave out any of the items listed. All items should be new and in good condition. Wrap sewing notions inside fabric and tie with string, yarn, or strip fabric. Do not enclose the kit or any of its contents in plastic bags.

PROJECT COMFORT NOTE: LWR's approximate cost to handle and ship one LWR sewing kit overseas: \$1.00.

SEWING FABRIC:

Additional fabric for the recipients of sewing kits provides fabric for extra sewing practice, to make clothing for themselves or clothing to sell.

Please follow these guidelines:

- Fabric should be cotton or cotton-blend (no knits or 100% polyester)
- Fabric should have no stains or holes.
- Very important: fabric should be cut in pieces—
- 3 yards of 44" or 45" material
- 4 yards of 36" material
- Fold each piece separately and pack in a carton separate from other material resource donations.

L.W.R. STEWARDSHIP PROJECTS

Thorough instructions for each LWR Parish Project are on the following pages. Careful adherence to these guidelines keeps LWR's material resources program running smoothly and efficiently. Please follow the instructions exactly so that our distributions are consistent and fair. **Do not add other items or leave out any of the items listed for each kit.** For all projects, please also follow these guidelines.

- Sending top quality items makes a caring statement to the recipient about the giver. **Please give new items only, except where noted otherwise.**
- **Please do not donate items with any religious symbols, messages or with your parish's name.** LWR provides material resources based on need, regardless of religious creed. Religious references could be misinterpreted by the governments of the receiving countries, jeopardizing the delivery to the people who need the items most.
- **Please do not donate any items decorated with a US flag, patriotic or military symbols, or references to the armed forces, including camouflage.** LWR and our overseas partners have access to areas of the world others do not because we are impartial humanitarian organizations. If our intentions are misinterpreted as being politically motivated, our work, our partners and the people we assist could be endangered.

PACKING AND SHIPPING

- Material donations should be sorted and packed in with like items together in a box. Label contents in LARGE, BLOCK LETTERS on the outside of the box.
- Use strong cartons secured with packing tape. Please do not allow boxes to exceed 40 pounds.
- Please do not use plastic or paper bags to pack donations.
- Consider sharing shipping arrangements with neighboring Lutheran parishes.
- Write the name and address of your congregation on each box, label contents, and send prepaid to the LWR warehouse closest to you:
Lutheran World Relief Warehouse
398 E. Richmond Street
South St. Paul, MN 55075
651-457-9009

The warehouses accept items year-round. If you're planning to personally deliver your donations, call the warehouse ahead of time for driving directions and to verify hours of operation.

June	Ackman	397-8369
Becky	Clocksene	397-2426
Jeannie	Clocksene	397-2426
Jan	Dedrickson	397-8668
Arlis	Doeden	397-8525
Melinda	Eikamp	397-2392
Beve	Farmen	397-4513
Ann	Gibbs	397-8194
Jenn	Gustafson	294-5800
Janet	Harder	947-4628
Holly	Johnson	294-5835
Terri	Kjellsen	397-8406
Arlys	Kluess	397-8599
Kathy	Knudsen	397-2773
Carol	Kutter	397-8628
Karen	Lane	229-5305
Nancy	Larsen	397-2705
Linda	Locken	397-8546
Connie	McDonald	397-8527
Shirley	Meister	397-2790
Deb	Olson	397-8262
Angie	Osterman	397-8175
Renee	Swisher	294-5860
Jean	Tastad	397-8273
Jerrie	Vedvei	397-4525
Karen	Wolter	397-8465

"Now faith is the assurance of things hoped for, the conviction of things not seen." Hebrews 11:1 NRSV

A POWERFUL KEY

Keys are amazing things, aren't they? Already today, you have probably used keys to open a door, start a car, or lock something of value away. What pocket or purse doesn't jingle with the familiar sound of metal keys colliding in rhythm to each step? Who hasn't felt the panic of realizing that keys have been misplaced? Without keys, much of what we value would remain on the other side of a locked door; so near, yet out of reach forever.

You possess a particular key that performs the unexplainable, the unimaginable, even the miraculous. It unlocks prison doors, opens closed hearts, frees frozen relationships, and protects priceless souls. It is not fashioned from metal, plastic, aluminum or wood; rather its power is rooted in eternity, and it is activated by your faith. That key is prayer.

Use it, and use it often. It won't wear out; in fact, it becomes stronger each time you insert it into a lock. Use it to escape the prison cell of worry or fear. Turn it to release imprisoned love for God and others. Unlock relationships that have become cold and constricted. Release the protective power of the Almighty God.

Pray and watch the shackles of sin fall away. Pray and find fear replaced by peace. Pray and discover union with the Creator of all. Lift your heart in times of celebration and release thankful joy. Enter the throne room of the heavenly Father and find the door to his heart standing wide open. Come by yourself or with family and friends. Don't let the dust of neglect collect on your key to freedom.

The world may attempt to imprison you with pain and confusion, but you need not be bound. Open your heart, lift your head and turn the key.



Chain 1, turn, single crochet in each of the stitches to the end.

Chain 3, and turn.

Double crochet in top of each single crochet.

Repeat this row 2 more times. Chain 1, and do 1 row of single crochet.

Repeat the pattern of one row of single crochet and three rows of double crochet until the shawl measures six feet, ending with a row of single crochet.

Finish with a generous fringe of 4-6 inches at each end. Tie a knot in each piece of fringe as this yarn tends to unravel.

Donations of yarn and money to purchase yarn are always welcome. Contact Eunice Alberts, 397-8485 with questions.

STEWARDSHIP PROJECT SCHEDULE

January	Quilts for LWR
February	Children's Quilts
March	Bandages
April	Love Offering Spring Gathering
May	Layettes
June	Sewing Kits & Yard Goods
July	Health & School Kits
August	Health & School Kits
September	Soap & Project Comfort
October	Continue LWR Projects
November	Thankofferings
December	Gifts for Nursing Home Residents

PRAYER SHAWLS

Have you ever wondered what a prayer looks like? It is warm, soft and any color. It is a prayer shawl and while it is being made it is filled with prayers. It is a gift of God's love through the skill and prayers of the person who made it. A prayer is said as the shawl is begun and then many prayers are added with the stitches.



The shawls are knitted or crocheted in a pattern of three, symbolizing the Holy Trinity. Some knitters will say, "In the name of the Father, Son, and Holy Spirit" as they work. Crocheted shawls are usually done in a pattern of one row of single crochet followed by three rows of double crochet. The rows of single crochet separate the shawl into a pattern of bands of three. Finished shawls are two to three feet wide and six to seven feet long with the finishing fringe. A prayer should be written and included with each shawl.

Prayer shawls are gifts freely given with no strings attached. They are not for sale. They are gifts of love.

INSTRUCTIONS—

(Suggest using Lion Brand Homespun yarn. It is washable and dryable. It is very soft. The yarn is bulky and works up quickly.)

KNITTING

Buy three skeins.

Use size 11 or 13 needles.

Cast on 57 stitches.

Work in a pattern of knit 3, purl 3. Always start with knit 3.

You should always knit the purls and purl the knits—you do not want a ribbing pattern to appear.

Continue in the knit 3, purl 3 pattern until the shawl is six feet long.

Finish off with generous fringe (4-6 inches long) on both ends. The yarn tends to unravel so each piece of fringe should have a knot tied in it.

CROCHETING

You may need 3 1/2 skeins, as more yarn is used in crocheting than knitting.

Use a size N hook.

Chain 54 stitches or your desired width.

PRAYER CHAINS

I call upon you, for you will answer me, O God; incline your ear to me, hear my words.

Psalm 17:6 NRSV

Praying for someone helps us draw nearer to God and to each other in times of crisis, grief or celebration.

Anyone can begin a prayer chain when the leader is unavailable. Please be sure there has been a request and that you have accurate information. When you are called to pass on a request, call the next person on the list. If that person does not answer, go on to the next person, until you reach someone. Go back to the person you did not reach so she is included. And then pray.

GROUP 1

Eunice	Alberts	397-8485
Merry Jo	Ball	395-6545
Irene	Belden	397-8132
Martha	Farmen	397-8150
Raechel	Fliehs	397-8299
Laverna	Houdek	397-8398
Dawn	Jones	397-4545
Melodee	Lane	397-8193
Pat	Larson	397-8576
Janel	Merkel	294-5230
Lila	Olson	397-8264
Arletta	Peterson	397-8316
Lavonne	Raap	397-8538
Nancy	Sundstrom	397-8654
Deb	Tietz	397-8447
Jerrie	Vedvei	397-4525
Rose	Waage	397-2623
Lorrie	Weber	397-8604
Fern	Westby	397-8180
Lori	Westby	397-2648



GROUP 2

Darlene	Finnesand	397-2649
Aloise	Brolin	397-8640
Ilse	Cameron	397-8325
Ella	Johnson	397-4494
Darlene	Jones	397-8526
Shirley	Larson	397-8600
Vera	Osness	397-2699
Angie	Osterman	397-8175
Carol	Osterman	397-8498
Sandy	Osterman	395-6437
Patty	Tastad	397-2388
Rachel	Zoellner	397-4598
Sharon	Zoellner	397-8276

GROUP 3

Melinda	Eikamp	397-2392
Angie	Carlson	397-2682
Carla	Kjelden	397-2481
Ann	Gibbs	397-8194
June	Ackman	397-8369
Deb	Olson	397-8262
Becky	Clocksene	397-2426
Jeannie	Clocksene	397-2426
Arlis	Doeden	397-8525
Beve	Farmen	397-4513
Janet	Harder	947-4628
Holly	Johnson	294-5226
Terri	Kjellsen	397-8406
Kathy	Knudsen	397-2773
Carol	Kutter	397-8628
Karen	Lane	229-5305
Nancy	Larsen	397-2705
Linda	Locken	397-8546
Connie	McDonald	397-8527
Shirley	Meister	397-2790
Penny	Stolle	397-4562
Renee	Swisher	294-5860
Jean	Tastad	397-8273
Karen	Wolter	397-8465

Visitation Schedule for Golden Living Center

Pastor Elizabeth conducts a service at the nursing home on the third Sunday of each month. We are responsible for the coffee hour and visitation, beginning at 3:30 pm. Coffee and refreshments are provided. We just need to help serve and visit! It only takes a few people. If your group is not able to take your scheduled month, please get someone to take your place. This is an important ministry and hopefully, one that you will enjoy!

January	Morning Bible Study
February	India Circle
March	Luther League
April	Confirmands
May	Sarah Circle
June	Church Council
July	Emmanuel Choir
August	Nigeria Circle
September	Sunday School
October	MM Bible Study
November	Luther League
December	Church Council

PRAYER PARTNERS

Anybody can participate in Prayer Partners. In early December forms are available for completion and in late December you are given the name of your new "secret" Prayer Partner for the next year. You pray for this person throughout the year. Remember her with cards on birthday, anniversary, holidays & other special occasions as you wish. Around Christmas time, you reveal yourself to your Prayer Partner.

CO-CHAIRS

Jon & Jerrie **Vedvei** **397-4525**

Loren & Holly **Johnson** **294-5835**

Jim & June Ackman 397-8369

Carol Anderson 397-8692

Todd & Kara Anderson 397-8689

Trent & Cheri Anderson 397-2768

Keith & Mayme Baker 397-2665

Rick & Angie Carlson 397-2682

Shane & Laura Clark 397-8050

BJ & Alicia Clocksene 397-3004

Lon & Carmen Craig 294-4442

Melinda Eikamp 397-2392

Brandon & Brenda Englund 397-2652

Butch Farmen 397-2791

Errol & Beve Farmen 397-4513

Robert Gibbs 397-8513

Burt & Angie Glover 225-0881

Matt & Tanya Johnson 397-4430

Roger & Diane Johnson 294-5823

Gwynne & Dawn Jones 397-4545

Greg & Terri Kjellsen 397-8406

Shannon Koens 397-8770

Jeremy & Amy Krueger 397-4426

Ryan & Carol Kutter 397-8628

Nancy Larsen 397-2705

Pat Larson 397-8576

Tricia Larson 397-4552

Loren & Linda Locken 397-8546

Eric & Darcie Moody 397-2211

Todd & Sandy Osterman 395-6437

Mike & Sherri Profeta 397-4573

Bruce & Michelle Schumacher

Sheldon & Ann Sheridan 397-8322

Scott Smith

Jeff Stolle 397-7140

Brian & Nancy Sundstrom 397-8654

Tanya Torguson 325-3338

Fern Westby 397-8180

Dale & Karen Wolter 397-8465

Alan & Sharon Zoellner 397-8276

The monthly serving committees provide this service to our church members and their families as a ministry of support and Christian love.

SUGGESTIONS FOR PLANNING/SERVING:

- **Contact everyone in your group. If they are unable to provide food or work, ask for a momentary donation to help pay for the cost of groceries.**
- **If a large event, you may contact people in other groups.**
- Plan one minute per cup when making coffee. Empty the smaller coffee makers first as they take a shorter time to cook.
- Plan 1 1/2 sandwiches per person.
- **Plan Jell-O and other salads to serve 12-15 people.**
- We ask that you do not store leftovers in the refrigerator. Please serve, eat or give to someone – send home with family. (Suggestion – call Rosewood to see if they would be interested.)
- Ask for cupcakes, bars or cookies. **No Cake.**
- Launder dishtowels and return as soon as possible.
- Record event in three-ring binder/notebook found in the drawer by the refrigerator in the kitchen. This can be helpful to you in planning and also helpful to the next committee. Include--EVENT, FOOD SERVED, NUMBER SERVED, ETC.
- Leave kitchen clean: Sweep floor, Wipe counters, etc.
- If grocery items are purchased, please sign the slip and make a notation as to what event you purchased these items.

Thank you for your help and consideration of others.



Kitchen Committee

JAN / APR / JULY / OCT**CO-CHAIRS:**

Jim & Rosalie	Gerdes	397-8302
Roy & Deb	Olson	397-8262
Shad & Darcy	Albrecht	396-2347
John & Stacy	Anderson	294-5308
Robert & Merry Jo	Ball	395-6545
Rosemary	Belden	294-5286
Tim & Faye	Berndt	397-2435
Gene & Aloise	Brolin	397-8640
Greg & Jeannie	Clocksene	397-2426
Bob & Jan	Dedrickson	397-8668
Weston & Elizabeth	Dinger	397-2445
Doug & Arlis	Doeden	397-8525
Martha	Farmen	397-8150
Matt & Mary	Finnesand	397-8303
John & Beth	Gustafson	397-2499
Pam	Heiser	216-4812
Ella	Johnson	397-4494
Kelly & Carla	Kjelden	397-2481
Rod & Arlys	Kluess	397-8599
Dennis & Shirley	Larson	397-8600
Shelly	Lerew	397-8253
Bob & Shirley	Meister	397-2790
Curt & Janel	Merkel	294-5230
Rick & Becky	Morris	397-2008
Virginia	Needham	397-2620
Mick & Carol	Osterman	397-8498
Kelly & Val	Pappas	397-8348
Arletta	Peterson	397-8316
Bruce & Julie	Shilhanek	397-8533
Monte & Sandi	Sippel	397-8499
Bob & Renee	Swisher	294-5860
Patty	Tastad	397-2388
Ed & Deb	Tietz	397-8447
Tom & Lindsey	Tietz	397-2702
Mark & June	Thompson	397-8556
Marlys	Torguson	325-3338
Dean & Kellie	Townsend	325-3205
Sandi	Tullis	397-2663
Rose	Waage	397-2623
Jason	Warrington	397-4558
Mike & Lorrie	Weber	397-8604
Kim	Yarborough	397-4421

FEB / MAY / AUG / NOV**CO-CHAIRS**

Stan & Kathy	Knudsen	397-2773
Alfred & Jean	Tastad	397-8273
Raymond & Eunice	Alberts	397-8485
David & Linda	Anderson	397-8419
Ilse	Cameron	397-8325
Becky	Clocksene	397-2426
Toby & Liz	Doeden	397-8603
Calvin	Farmen	397-2777
Iver, Sr & Darlene	Finnesand	397-2649
Bret & Raechel	Fliehs	397-8299
Steve & Ann	Gibbs	397-8194
Joe & Jenn	Gustafson	294-5800
Joel & Tina	Guthmiller	397-8245
Craig & Lana	Jondahl	397-8559
Tyler & Kelly	Kampa	395-2425
Sandy	Kern	397-4583
Brian	Koens	397-8909
Todd & Paula	Kokalas	397-4848
Jim & Melodee	Lane	397-8193
Duane & Connie	McDonald	397-8527
Stacy & Teresa	Mayou	397-2626
Jerry & Charlene	Millim	397-8354
Cassie	Monson	225-2014
Wendy	Monson	397-4454
Lester	Nehls	397-2706
Justin	Olson	
Jerome & Vera	Osness	397-2699
Bob & Angie	Osterman	397-8175
Chuck & Lavonne	Raap	397-8538
Kevin	Raap	298-3030
Marian	Raines	397-2420
Pam	Rix	397-8378
Chris & Angie	Sanderson	294-5877
Leon & Alice	Severson	397-2771
Bill & Penny	Stolle	397-4562
Todd & DeAnn	Sweeter	397-4408
Jay & Jonna	Waage	397-2121
Neil & Amy	Warrington	397-8181
Ron & Lori	Westby	397-2648
Sharon	Young	397-8547
Troy & Rachel	Zoellner	397-4598